



AQUILA

FEBRUARY 2013



COMMODORE'S COMMUNIQUE

Welcome to the February edition of Aquila.

Well there has been a lot of work going on behind the scenes over the last month. Firstly we have submitted a grant application to Sport England worth £10,000 for our new rib, we should be hearing whether this has been successful in the next 2-4 weeks, we are hopeful!

Also there has been a major amount of work going on at the club, which Greg will give you more detail on in his article. [*Maybe next month? Ed*] However I would particularly like to mention the new monitor. This a 42" screen that has been mounted in the training area of the club, it is not a TV as it cannot receive channels, its purpose is for training videos, watching back our own sailing footage, information point and displaying results at open meetings.

When you visit the clubhouse next you will be hit by how fresh everywhere looks, this has taken a lot of hard work from an amazing group of volunteers, I would like to thank all of them for their hard work. Having said that the work has not finished yet, Greg wisely chose the cold time to do work inside the club but we will still be looking for working parties in February/March to complete the work needed outside. One particular project is road repair, in the meantime can I ask all members to take care when driving along the club road, the weather has been vicious to it this year.

By the time you read this the Boat Whisperer evening will have taken place, it has been very popular again so the club should be full. At the beginning of March (date still to be confirmed) we will be running another training evening, this time on a Saturday, and the theme will be Duties. The idea of this training is that it will be very interactive and help people build confidence and skills in doing duty tasks, many people in the past have commented that they are scared of doing their duty because they are not confident in what they are meant to do. The evening will include workshops in:

- Rescue boat duty- Course laying, launch & recovery, radio, giving assistance
- Race Officer- Course setting, race rules, running a race, radio
- Timekeeper- Using the computer to run a race, timekeeping, publishing results
- Bar- Using the till, glass washer etc.

This training is very much in development stage at the moment so if you have any comments or suggestions please get in contact with me. I am also planning a cadet evening and would love to hear from some cadets on what they would find helpful to be included in this.

Thanks to all of you that have renewed membership already, it is a great help not only in cash flow, as most of our expensive costs go out at this time with the building work etc., but also with starting to plan duties, knowing who will be around before they are planned is essential in preventing missed duties. We have attached the membership renewal form again for those that have lost it, and it is also available on our website, pbsc.org.uk under membership.

Lastly, money is tight with the purchase of the new rib and essential works on the club, but one of our cadets has mentioned that we are short on the smaller size buoyancy aids, and on spray tops; do you know anyone out there that may be interested in sponsoring the purchase of these items? If you do please let us know.

Many thanks

ELAINE FOWLER (elaine.fowler@eastsussex.gov.uk)



VICE'S VERBALS

Well ... We are into February, the club maintenance is well progressed, thank you all that have helped thus far, especially Greg who has been the driving force. The Boat Whisperer is nearly upon us ... All should attend ... Racers or not! I will guarantee you will learn something, be inspired and most importantly contribute to the warm and friendly atmosphere we pride ourselves on at PBSC.

Last month I mentioned our proposals for Thursday evenings to integrate those who have learnt to sail, wish to move on and improve their sailing skills, and perhaps try their hand at racing at club level (either having a go themselves or crewing for a more experienced sailor - that's how we learnt back in the day when dinosaurs roamed the land).

Thursday evenings have been added to the sailing calendar and at the back of this Aquila are the topics we will cover, hopefully to achieve the requests raised by our members. There will be rules however ... Firstly, you will have fun! Or else! ... It's free! So come along anyway. Even if you do not sail you might learn something or pass some knowledge on. It is aimed at being relaxed, informative, friendly and social ... Secondly, the aim is to have some food, so bring your own if you wish, or we will raid the local chippy, Chinese or pizza place Let's not forget the bar!

Sailing is a science as much as a sport and the best way to learn is via experience and the experience of others ... so get yourself along. The club boats are always available to hire if you do not have your own or maybe you could crew for a more experienced sailor.

So what will be the format? The aim is to be at the club at 6:00, 6:30 short presentation on the exercises we want to do that evening, on the water for 7:00, back in the club for debrief and food for latest 9:00! Priority, open the bar and have some sailing videos on in the back ground and socialise.

All this will be flexible and those who know me will know that there will probably be a few surprises and some silly evenings as well as the slightly more serious ones. Please remember this is your club and we welcome your thoughts, desires, contributions ... As an example I am hoping to persuade Will and Andy Street to join us to share their experiences with their Olympic campaign and tap into their knowledge of the racing rules!

That's it from me, hope to see you at the club soon.

Your spicy vicey

GARY PEARSON

MEMBERSHIP MATTERS

Thank you for keeping our postman busy with all your renewal forms. There's still lots of you that need to pay, so don't forget the 31 March deadline! A copy of the renewal form is attached to electronic copies of this Aquila, or find last month's, or download the form from the PBSC website if you have not yet returned it.

There will be a grand clear out in the boat park in the coming months. Please ensure you have included all of your crafts on your renewal application so that they can easily be identified. New 2013 boat stickers will be ready for collection from the clubhouse from early March. Boats without stickers will be moved if we don't know who they belong to.

We have one new member this month that has just been approved at committee - Frank Russell. He has sailed for many years at Walton-on-Thames in a Solo and a Vortex. I'm sure you will all make him feel very welcome.

JUDY GRIFFITHS

01323 325389 (best between 6pm and 9pm)

SAILING SECRETARY'S SCRIPT

The sailing season is fast approaching! The new season starts in only a few weeks and I am sure we are all hoping the weather will be better this year than last.

The sailing calendar is nearly ready for publication. This year there are some exciting changes to the programme, not the least of which is the changes to Thursday night sailing which Spicy has detailed in his report. We have also made a few changes to the Sunday sailing in that the Paddlers will no longer be a personal handicap series but an afternoon series, so that if you can only sail in the morning or afternoon there will be the opportunity to sail a Spring, Summer or Autumn series and qualify. We are also hoping to run another refresher/ boat set up day at the beginning of season, to help get everyone ready for the new season.

The Dinghy show is at Alexandra Palace on 2nd & 3rd March. This is a great opportunity to see all the new kit and buy all those little bits you need for the coming season. It is usually a great day out with plenty to see and do.

The club is looking great after the winter make over and I am sure that we will have a great season's sailing/windsurfing ahead of us. I hope that you are all looking forward to the new season and that we will see everyone at the club enjoying our great facilities and making the most of the fantastic summer we are long overdue!!!! The most important thing is to enjoy yourselves whether you windsurf, sail cats or dinghies, race or cruise, or just enjoy free sailing. We have a great club with excellent facilities and a great location, so I hope you all have a great season and make the most of the club.

See you all on the water soon.

CHRIS CLARKE

SOCIAL SIDE

Here are the Social events for 2013 for your diaries

Fitting out supper	Saturday 30th March
Themed social evening	Saturday 27th April
Contender/National 12 Open	Saturday 8th June
Topper/Laser weekend	Saturday 29th June
Summer Ball	Saturday 20th July
Sea Week	Mon 12th – Fri 16th Aug
Martello Race meal	Saturday 14th September
Halloween party & Cadet night	Saturday 26th October
Laying up Supper	Saturday 30th November
Christmas Club lunch	Sunday 15th December

Further details will follow but the bar will be open and food will be served for each occasion.

Club members and their guests are welcome (don't forget to sign guests in), so please join in and enjoy your club's facilities when the sailing has finished for the day.

KAREN HILDER

TWO PEN'TH FROM THE TREASURER

A month or two ago our Commodore, the lady formerly known as Auntie Lainie, suggested that each committee member write a little about themselves for Aquila. I resisted, but the lady will not be denied, and so I have succumbed.

As a boy living near the beach at Eastbourne, I would run to the lifeboat station before the second flare went up to watch the lifeboat being launched. Many other days were spent watching the sailing boats from the prom, thinking, one day, one day. Like so many others, I first sailed at Gordon Beard's school at Normans Bay, during the late 70's. I then joined Sovereign SC (now merged with Eastbourne SC) and tried to improve my sailing skills on the Wednesday evening training and race nights, which were also very sociable.

I got my first of many Miracles and enjoyed sailing most Wednesdays, Saturdays and Sundays (not keen, really) with both my children then in their pre-teens and also with a regular Sunday racing crew. During the mid-90's I joined Pevensey Bay SC. Having spent too many cold winters in the garage sanding and varnishing and painting, I bought my first new plastic boat, a Blaze which at that time was a fully battened beast to sail. However, after a couple of years of mostly swimming, I conceded that it was more suited to a better sailor than me. I then sailed a Solo for a few years, probably one of the best single handers, and importantly suited to not only all skill levels but also to those of us that have bulked up a bit over the years.

Around 2005 I bought the Laser 2000 that I still sail now, a versatile and easy going boat to sail. It's gratifying when one's children return to sailing and my daughter, now in her early thirties and a mother herself, has crewed for me occasionally. Hopefully, she and the grandchildren will soon be on the water, there's nothing better. In 2001 I was honoured to be voted the club treasurer, something of a busman's holiday for me, but it keeps me close to the ground with every penny being vital to the well-being of the club.

See you at the club and on the water soon, it's going to be warm and breezy this year!

TONY RICHARDS

COMMITTEE CATCH-UP

Finally, let's not forget the final instalment of "meeting the new Committee".

Mark Doughty-Keen

Hi. Most of you already know who I am, but for those that don't I have been a member of PBSC all my life (47 years) and currently sail a Merlin rocket and a National 12. I have been asked this year to oversee the maintenance of the club's own sailboats, so should you notice a defect or an improvement that you feel could be made, please feel free to let me know (mkdk@hotmail.co.uk). I will usually be around most Sundays and intend to be about on a number of Saturdays also. I look forward to seeing you all in the new season.

Matt Key

I've been *gently* persuaded to write a bit about myself as I missed the deadline for last month's Aquila. I'm Matt Key and I'm one of the 'ordinary' committee members, i.e. the ones without any formal additional title. I'm the one on the right in the photo, taken on one of those rare occasions with my body above the waterline. I've not quite progressed to dinghies as they are way too complicated and contain far too many bits of string. My ambition for this year is to learn to turn around. You probably have seen my wife, Nicky (a.k.a. Peg) also either windsurfing or patching up people who have injured themselves.

I was coerced onto the committee at the beginning of 2012 and given my complete lack of knowledge of dinghy sailing, I was told to 'keep an eye out for Heath and Safety'... Well, now we're getting closer to completing the reconstruction of the PBSC H&S file and hopefully you will see some changes this year. We'll be putting information about various things onto the web and into the starter's box so anybody who may have forgotten how to use something or forgotten the Safety Boat 'pre flight check sequence' can refresh their memories. We're also going to introduce a 'Broken/Damaged/Hazard' book at the top of the

stairs so if you think something is positively dangerous or you spot something broken or damaged, you can scribble it down and somebody will then try and get it fixed. This can even be anonymous if you like; the important thing is we get it fixed. At the end of the day, we are all responsible for health and safety and 150 pairs of eyes will always be better than one! Cheers!



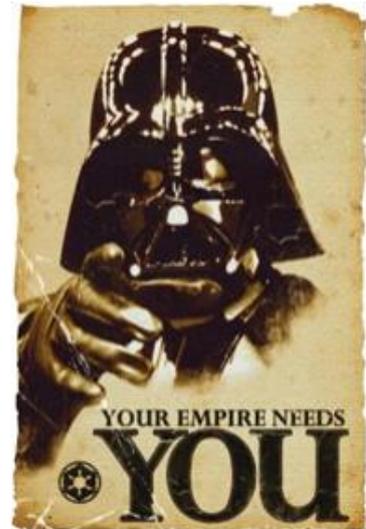
CLUB WATCH DUTIES ROSTER

Hello again

Benefits and Opportunities of doing our duty.

I know you're thinking "Has he gone mad?!!" Bear with me.

- It's a good way to meet people
- Learn new skills
- Learn from other people's knowledge
- New experiences
- Feel valued and part of something special
- Time out from our hectic lives
- Maybe on occasions when you can't sail yourself, you will give others a chance to
- Giving back to the club



I understand the sailing program is nearly complete, so we will shortly be putting together a provisional roster, which we hope to publish in the next Aquila and through Duty Manager etc. Then I am sure I will be busy.

"We only get out, what we put in"

Well I guess that's it for now, please don't hesitate to contact me if anyone has any ideas or questions. (pumney@yahoo.co.uk or 07508 277375)

PS: Last month Commodore Elaine asked us to write something about ourselves, so members know what we are about. Ooops I forgot

I started dinghy sailing on family holidays. In my late twenties I backpacked Australasia and had my first few experiences of yacht sailing, in Australia and New Zealand. In my thirties did my RYA2 at Ardingly Reservoir, holidayed on the Schooner "Sir Winston Churchill" and then spent a couple of years at Bewl Water as the owner of a Topper Topaz.

When I returned to sailing I found the holy grail of clubs in Pevensy and coming to the club with a Catapult (not a good idea on a pebble beach) a reputation was born. I tried to redeem myself with some cat sailing, but winning the Bent Cup with Eric Greber, for de-masting during a race, didn't help. I had a bad accident a few years ago and this damaged my confidence quite considerably.

I enjoyed the whole package at Pevensy. Not one for just giving in and after a couple of awesome holidays at Wild Wind - Greece, I returned with a Laser One in tow.

I did my Power boat level 2 & Safety boat level 2 at the club, which was great, and now I can crash into people/boats safely. Brilliant.

More seriously when I don't feel comfortable to sail, I enjoy doing my bit so others can.

PAUL UMNEY

PEVENSEY BAY SAILING CLUB

THURSDAY EVENING TRAINING / RACING SERIES

Aims and Objectives

Bridge the gap between learning to sail and to start to sail with confidence and perhaps commence racing.

Provide a warm and friendly environment to introduce new members, sailing school members to the weekend members who predominately sail to race.

To improve all members sailing ability, introduce the knowledge and skills required to start racing at club level and at national open meetings regardless of their previous experience.

Topics and exercises

Before you go on the water (too much or too little wind presentations)

Strategy, those who make the least mistakes normally win!

Tides and currents

Weather

Steve Cockerel's Up wind sailing, downwind sailing, and tactics.

Boat basics - sail setting, balance, trim, foils, etc

Basic boat tuning - basic tuning and class specific tuning

Basic racing rules

Advanced racing rules

Guest talks

On the water training exercises

Boat Handling Skill - Follow the leader, tacking & gybing on the whistle, magic roundabout, trim tabs, tethered or rudder less sailing, diamond winger, mark rounding, etc

Starting - Trigger pull, slow speed control, holding station, the drive through, reverse park, time to the max, out of the blocks, bias basics, rabbit starts, box starts, port tack players, block the barger, etc

Sailing the Course - Laylines, down wind flyer, roll u'r buddy, etc

Tactical Exercises - covering, piggy in the middle, match racer, dinghy park shuffle, etc

Boredom Beaters - one rule racing, reverse the start, le mans starts, dogfight, new balls please!

